



**Featured Graduate: Kelley Giaramita RN, BVEd, NBC-HWC**

After working in various nursing education roles from nursing instructor to director and being known as “Coach Kelley” by my nursing students and faculty, I was very curious about coaching certification. My introduction to Wisdom of the Whole was in 2016 at an American Holistic Nurses Association regional conference. It was fortuitous when the last available seat at the conference was next to Wisdom of The Whole founder Linda Bark. As I embraced the Wisdom of the Whole coaching presentation and her creative “1 – 10 Scale for Measurement” coaching tool, I found much more than just my seat, I also found a direction to augment my coaching repertoire. Little did I know at that time just how much Wisdom of the Whole Coaching Academy would impact my life and those around me.

Immediately after my first Wisdom of the Whole coaching course, my clients were able to reach their goals in half the time. A few years later in 2018, I was faced with the shocking diagnosis of stage 3 colon cancer. Since I had already experienced and witnessed the positive impact of coaching, the Wisdom of the Whole tools were a valuable bridge to reconnect me to my wholeness. One of the valuable tools that Linda continues to model so well is the intuitive tool called “Guided by Intuition.” Soon after my diagnosis, a dream intuitively guided me to search online for “the cancer journey.” This search brought me to “The Cancer Journey Institute” that was co-founded by a master coach who experienced cancer 5 times. The combination of the Wisdom of the Whole tools and having my own Cancer Journey coach fostered my inner guidance as I navigated through the rough terrain of cancer.

After my National Board Certification as a Health and Wellness Coach and Certification as a Cancer Journey Coach, my coaching practice expanded to coach both those affected by cancer and a greater number of health professionals. Amid the pandemic, I became a nurse peer coach with a national behavioral health consulting firm to offer nurses a new vantage point to discover their inner resources. In addition, I am currently

collaborating with other nurses and co-authoring a book with Dr. Jeff Moody, author of "The Doctor is Burned Out" to address nursing burnout and empower nurses.

Recently I started offering my newest creation, "Cancer Collage Circles." As participants make a collage from one of the 7 stages of the Cancer Journey Roadmap, they also experience the Wisdom of the Whole's integral approach. I am so grateful to be resourced with the Wisdom of the Whole tools that have enhanced both my own life and my clients' lives.

If you would like to learn more about Kelley, you can visit her website:

[www.RNcancerCoach.com](http://www.RNcancerCoach.com)